



Your Guide to Gifts in Wills

Leave a legacy that helps people feel less alone

 **omega...**

ENDING ISOLATION | ENDING LONELINESS

Help us create a future

where fewer people face isolation and loneliness



Omega is a small national charity which aims to reduce profound loneliness and social isolation. We help people feel more connected, supported and able to cope, through our accessible remote befriending programmes. We particularly support people who may struggle to access other social opportunities because of age, disability, poor health or difficult circumstances.

*"I loved the birthday card
and the calls make my week."*

When you leave a gift in your Will to Omega, you can help create a future with more hope, connection and support for people experiencing social isolation or loneliness. Your gift could help us be here for generations to come. In every phone call, in every letter, your kindness could live on.

You don't need to part with a single penny today to show your kindness and commitment to making a difference to someone's future. All we ask for now is a few moments of your time – and the chance to thank you.

Why leave a gift in your Will?

A gift in your Will could help Omega continue providing moments of connection that help people feel less alone.

Your Will is a reflection of what matters to you. You can help Omega with our vital mission – connecting and supporting those who feel alone – while still leaving gifts to those close to you.

"I look forward to the letters so much and it gives me purpose in reading and writing to Julie."

£130

supports a client and their befriender for six months, including the costs of supporting that relationship.

£1,300

supports 10 client/befriender relationships for six months, helping 10 people enjoy regular calls or letters and ongoing human connection.

Just 1% of your estate

could make a lasting difference to people facing social isolation or loneliness in years to come.



Ruth's story

A regular call can change everything



Name and photo
changed to
protect identity

"I felt so alone in a strange new place."

Ruth, 65, spent her life caring for others. After relocating to a new area and losing contact with family and friends in the process, she came to Omega feeling isolated, anxious and overwhelmed.

Chatterbox has given Ruth a sense of routine, something to look forward to and a reliable, safe space in which to speak openly, even during periods of emotional distress. As Ruth has grown in confidence and feels more 'heard', she has started making friends in her new community. She still has periods of instability, but finds comfort in the consistency of her Chatterbox befriending relationship.

*"Chatterbox gives me stability,
connection and hope."*

A gift in your Will could help offer regular calls, letters and moments of connection to more people like Ruth in the future, and allow Omega to be here for generations to come. In every phone call, in every letter, your kindness could live on.

Planning your Will



Your Will is personal to you. It gives you the chance to look after the people closest to you, make your wishes clear, and choose whether to remember a cause that has been meaningful in your life. When making or updating your Will, it can help to think about:

Your Assets

Most people have more than they think. As well as the obvious ones such as property and savings, you may have pensions, life insurance policies, personal possessions, digital assets or other items of value.

Your Beneficiaries

When you know what you have to leave, make a list of the people you would like to benefit. If you wish to remember Omega, we have included the details your solicitor will need on page 6.

Appointed Guardians

You can appoint guardians for a child in the event of a parent's or carer's death, so that they are cared for in the future.

Your Executors

These are the people you choose to make sure your wishes are carried out. They can be friends, relatives or a solicitor, and can still benefit from your Will. Whoever you choose, we recommend you talk to them to check if they are willing to act on your behalf. If you have included a gift to Omega in your Will, our team will work with your executors to make the process as straightforward as possible.

Leaving a gift in your Will

Leaving a gift in your Will is simpler than many people think. You don't need to decide everything at once, and a solicitor or Will-writing professional can help make sure your wishes are clearly recorded. These simple steps can help you get started:

1. Contact a solicitor

A solicitor will make sure that your wishes are carried out as you intend.

2. Choose the type of gift you would like to leave

You don't have to be wealthy to leave a gift in your Will to charity. Whatever the size of your gift – large or small – you can be sure we will use it to help continue our mission of ending social isolation and loneliness.



A percentage share

A share of the value of your assets, such as property and savings. This can be a particularly helpful way to leave a gift to Omega, as it won't lose value over time. This is also known as a **residuary gift**.



A fixed amount

A specific amount of money which can be any amount you choose. This is also known as a **pecuniary gift**.



Specific gifts

Some supporters choose to leave a specific item or collection, such as jewellery, artwork, stamps, medals or other valuable possessions, which can be sold to support Omega's work.

Leaving a gift in your Will

3. Write your Will

To leave a gift to Omega, you will need to include our charity details:

Omega – Ending Isolation, Ending Loneliness, London House, Town Walls, Shrewsbury, SY1 1TX (Registered Charity No. 1120322).

Below is an example of wording you could use (please note, this should be discussed with your solicitor):

%

To leave a percentage share:

I give to Omega – Ending Isolation, Ending Loneliness, Registered Charity No. 1120322, London House, Town Walls, Shrewsbury, SY1 1TX, [enter percentage] percent of my residuary estate for its general charitable purposes.

£

To leave a fixed amount:

I give to Omega – Ending Isolation, Ending Loneliness, Registered Charity No. 1120322, London House, Town Walls, Shrewsbury, SY1 1TX, the sum of [insert amount in figures and words] to be used for its general charitable purposes.

4. Appoint your executor

The Executor will be responsible for carrying out the instructions in your Will. This can be a friend, relative or your solicitor.

5. Let us know

You don't have to tell us if you've included Omega in your Will, but if you choose to, we would love the opportunity to thank you and keep you updated on the difference your future gift could make.

Frequently asked questions



Why should I make a Will?

Many people assume that their estate will automatically pass to their spouse or partner when they die, but this is not always the case. Having an up-to-date Will gives you peace of mind, knowing that your wishes will be carried out and that the people you care about will be provided for. Making a Will is also an opportunity to leave a lasting legacy by supporting the causes that have been meaningful to you throughout your life.

Why should I remember Omega in my Will?

When you choose to leave a gift to Omega in your Will, you will help us continue our work supporting people who experience social isolation or loneliness. Your generosity will help create a future where more people feel connected, supported and less alone.

Who should write my Will?

While it is possible to write your own Will, using a qualified solicitor can help ensure that your wishes are clearly recorded and legally valid. Professional advice can also help avoid complications and unnecessary costs for your loved ones in the future. You may already have a family solicitor you trust. If not, consider asking friends or relatives for recommendations.

Dorothy's story

Finding connection again

Dorothy is a chatty 78-year-old who used to enjoy spending time with her many friends. After suffering a serious injury, she spent five months in hospital. During that time, her friends gradually stopped visiting.

It was when Dorothy returned home that she began to struggle.

"I felt the house was so spacious, and there was no-one to talk to."



Name and photo changed to protect identity

With fewer friends around, Dorothy found herself feeling terribly alone in her quiet house. She even lost interest in the things she used to enjoy, like gardening and reading. But after someone at the hospital recommended Omega's Chatterbox service, things began to improve.

"Having someone regular to talk to gave me that sense of friendship again."

Dorothy's Chatterbox calls are now a regular part of her week. She and her befriender always have a lot to talk about, and their conversations have helped rebuild her sense of connection.

"It helps me cope with my loneliness and isolation."

By choosing to leave a gift in your Will, you could help us continue supporting people like Dorothy for years to come.

Our promise to you



If you choose to leave a gift to Omega, we promise that:

We will respect your privacy

You are under no obligation to tell us about your decision. However, if you do choose to let us know, we would be delighted to thank you and share how your gift could make a difference.

Those close to you come first

Even a small gift from your estate can help us continue supporting those who need us most, while still leaving a gift to those close to you.

You can change your mind at any time

Your Will is your decision. We will always respect your right to amend or remove a gift to Omega, and you do not need to inform us of any changes.

We will never pressure you

We are happy to answer any questions you may have, but we will never pressure you into making a decision.

We will always be open and honest

We are committed to answering your questions clearly, honestly and transparently.

Get in touch

What legacy would you like to leave behind?

A gift in your Will could help reduce social isolation and loneliness and create lasting connection for people who need it most.

We know this is a personal decision, and you may want time to think it through or speak to the people closest to you. Whether you are ready to take the next step, have any questions or simply want to talk things through, our team will be happy to help.

Visit: www.omega.uk.net/get-involved/gifts-in-wills
Call: 01743 245 088
Email: info@omega.uk.net
Write: Omega – Ending Isolation, Ending Loneliness,
London House, Town Walls, Shrewsbury, SY1 1TX



Your kindness could live on for years to come. Thank you.

Together we can end loneliness

 **mega...**

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